

# How corn is a part of your daily life



From food to fuel, corn is in more than 4,000 products you use every day

AM



You wake up and take a shower using **shampoo** which has ingredients derived from corn



After dropping the kids off at school, you head to the gas station to fill up your gas tank with **ethanol**, fuel made from corn



While the kids are outside, you work on a DIY project with **paint** using ingredients from corn instead of oil-based



You brush your teeth with **toothpaste** containing sorbitol, an ingredient derived from corn



You order carry out for lunch and wash your hands in the restroom with **hand soap**, which contains corn ingredients, before checking out



Before making dinner, you feed the dog its favorite **pet food**, using corn for a balanced diet



Next, you put on **makeup**, containing zea mays, which is also known as corn



You pick up your order in a corn-based **plastic container** that's biodegradable



You serve **cornbread** with the chili soup you made, which is made from corn meal



Then, you pour the kids a hearty bowl of **corn flakes** for breakfast, made from corn

PM



After school, you pop some **popcorn**, a type of corn, in the microwave for a snack



Before going to bed, you make sure the household has taken their **medications**, which utilize corn ingredients in their coatings



Driving the kids to school, the **tires** on your car use cornstarch instead of oil-based rubber



The kids then head outside to draw with **chalk** on the sidewalk, which utilizes corn starch



You end the day watching a show, turning on the TV with the remote powered by **batteries** that often use corn starch